



EmpowerED to Thrive

CONSULTING

KNOWLEDGE • SUPPORT • STRONGER TOMORROWS

Professional Development

EQUIP EDUCATORS.
EMPOWER FAMILIES.
HELP ALL STUDENTS THRIVE.

Engaging, practical, and research-informed professional development for educators, schools, and organizations. Sessions are tailored to your team's needs and can be delivered in person or virtually.



ENGAGING
PRESENTATIONS



PRACTICAL
STRATEGIES



REAL-WORLD
APPLICATION



LASTING
IMPACT

POPULAR PD TOPICS



Supporting Students with ADHD & Executive Functioning

Practical strategies for the classroom.



Behavior Is Communication

Understanding the why and responding with support.



IEP Basics for Educators

Your role, your impact, and what you need to know.



Building Strong Family-School Partnerships

Communication, collaboration, and trust.



Foster & Adoptive Youth in Schools

Trauma-informed, inclusive, and empowering practices.



Creating Inclusive Classrooms

Practical strategies that benefit all learners.

Custom topics and sessions available!

*Invest in
Educators.
Transform
Lives.* ♥

PRACTICAL. RELATABLE. REAL-WORLD IMPACT.



"When we give educators the right tools and support, students thrive."

— January Addison Lare

Stronger
Students
Brighter
Futures ♥

PD OPTIONS



60–90 Minute Sessions

Perfect for staff meetings, early release, or training days.



Half-Day Workshops

Dive deeper into key topics.



Full-Day Training

Comprehensive, hands-on learning.



Virtual or In-Person

Flexible options to meet your needs.

IDEAL FOR

- ✓ School Districts
- ✓ Individual Schools
- ✓ Nonprofits
- ✓ Education Conferences
- ✓ Teacher Teams
- ✓ Paraeducators
- ✓ Administrators
- ✓ Community Organizations



LET'S PLAN A PD SESSION >

Equipping today. Stronger tomorrows.

*Knowledge.
Support.
Stronger Tomorrows.* ♥



www.empoweredtothriveconsulting.com



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